

GLOBAL SUMMIT HOUSE

3 Biggest Books

to Take Advantage at
GLOBAL SUMMIT HOUSE

9 Biggest Mistakes When Self-Publishing

9 Tips

to Succeed in
publishing this 2019

Using Social Media
to Effectively
Promote Your Book

“In time, I felt inspired to begin writing books that help people understand themselves and others at a deeper level, always with same two goals in mind—keep it simple and make it practical.”

**Audiobook:
The Best Way
to Create New
Bestsellers**

(David Mutchler)
Introducing the
book industry's new
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INTRODUCING THE BOOK INDUSTRY'S NEW SOUGHT-AFTER AUTHOR

"In time, I felt inspired to begin writing books that help people understand themselves and others at a deeper level, always with the same two goals in mind—keep it simple and make it practical."

Years ago, a classmate of mine at the university shared that she had recently returned from a large weekend seminar where several renowned authors and speakers talked about how to be happy and find peace of mind. She said that the speeches were informative, generally invigorating, but often ethereal. She added that when the program concluded, the host took the microphone in hand, and said, "Well, there you have it folks! Now you know what to do; just go home and do it!" I asked her if that's what happened with her. "No," she said, "I wasn't able to follow through. I sort of knew what to do, but I certainly didn't know how to do it."

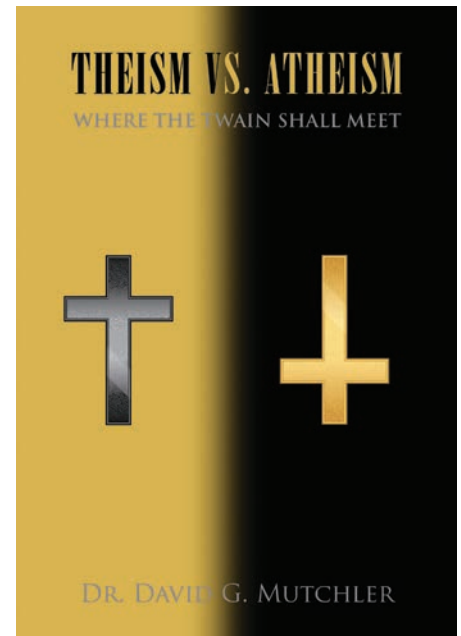
A few months later I was facilitating a discussion group on the topic of self-help books. Remembering my classmates experience, I decided to ask the other participants—most of whom, like myself, had read several books of this same genre—if they often found it difficult to put what they had learned from self-help books into practice. Every hand of the dozen or so members went up, including my own.

Both of these experiences gave me two insights as a young teacher who was destined to teach classes that help people learn about themselves. First, I would make every attempt to express the subject matter in a way that everyone could easily understand. Second, I would do my best to make the information practical for my students, that is, teach them how to apply what they were learning to their own life experiences. Based on these two commitments to myself, I have been rewarded over the years with consistent feedback from students about their appreciation for the clarity, the level of understanding, and the "how-to" approach for merging the lessons learned into their day-to-day lives.

In time, I felt inspired to begin writing books that help people understand themselves and others at a deeper level, always with the same two goals in mind—keep it simple and make it practical. Everyone deserves happiness, peace of mind, a genuine sense of joy, cordial relationships with others, and the desire to live one's life to the fullest. And, everyone deserves the opportunity to find the resources that will help them understand and apply the strategies necessary to reach these goals. It is to this end that I have written these books, trusting that others will benefit from them in the same way that my many students have as well.



David Mutchler



EXCERPTS FROM EMBRACING EGO

To find happiness our search must take us into a place we don't normally go, but this is the only place where the answers can be found. That place is "within," and in order to go there we must first journey into the realm of the ego—at times, an untamed tiger, of sorts—where we can embrace it, and then move beyond.

Once one comes to see that ego is at the core of our dissatisfaction, misery, and suffering, a common first reaction is to treat ego as an enemy that must be resisted, overthrown, crushed, killed, suppressed, or in some other way destroyed. Many books have been written that attest to this approach. But the desire to overcome ego is ego, because "overcoming" anything is one of ego's favorite tactics. So the truth is, the more you fight ego, the more it persists. Your ticket into the realm of spiritual consciousness is not an emotional fistfight. It is love, which means that ego must be embraced, not resisted.

EXCERPTS FROM JUDGMENT DAY IS NOT COMING

It is *entirely possible*—and it is the premise around which this book is written—that the spirituality so many people seek is embedded in one amazingly obvious passage in the Christian Bible that has, for the most part, been the reputed elephant in the room that no one sees or acknowledges.

Thinking that we have the latitude to pass judgment on ourselves, other people, things, and situations is no small matter. It is what taps into the central message of this book. And what it means, most importantly, is that *judgment day isn't coming, it is already here.*

EXCERPTS FROM THEISM VS. ATHEISM

Globally, atheism is on the rise and Christianity is in decline... A full thirteen percent of the world self-identifies as "convinced" atheists [approximately one person in seven]. Meanwhile, the number of people worldwide who considered themselves religious decreased from seventy three percent in 2005 to sixty percent in 2012.

When and where, then, shall the twain meet? Some might say that theists and atheists meet when they each buy Girl Scout cookies, for example, or when Red Cross donations go up universally during and after natural disasters. But this isn't meeting in the interpersonal sense of the word where each side understands and appreciates the other. It is merely (though generously) giving to an impersonal third party with neither side intentionally cooperating with the other.

Q&A 1

Q: Where do you get your ideas?

A: They emanate from my life experiences.

3

2 **Q:** What has influenced you the most as a writer?

A: The hope that my ideas might be helpful to others.

Q: Do you read your book reviews? How do you deal with bad or good ones?

A: Only to check and see if others are benefitting. I'm disappointed when people don't benefit and fulfilled when they do benefit.

4 **Q:** Who is the most supportive person in your life when it comes to your writing?

A: My spouse.



5 **Q:** If you could tell your younger writing-self anything, what would it be?

A: Be still, focus on the subject you're writing about, and let the ideas come to you.

6 **Q:** What advice do you have for writers?

A: Be patient. Ernest Hemingway wrote 47 different endings to his book *A Farewell to Arms*. When he was asked the reason for so many endings, he replied, "Getting the words right."



How can you enjoy storytelling with Global Summit House?

Are you having dreams of being successful? Then take the risk. Storytelling has never been fun than sharing it with a company who wants to help your visions turn to reality. So, if you are searching for a long-term publishing partner to entrust your work with, why not try Global Summit House for this is the perfect publishing company for you. Specific advantages come together with the involvement in this company so that success is about one step away from you. Keep reading and know how fun it can be to be part of the Global Summit House community.

Endorsement and Connection to Big Companies

No more days spent in hard-selling and marketing your work to some friends because the Global Summit house team will proactively offer your represented work to different publishers, agents, directors, production companies, readers and media. Moreover, guess what this entails? More significant opportunities for you, famous future author! You have all the reliable sources backed up with your work to ensure your success. Big people, bigger opportunities.

Composed Self-Confidence

Global Summit Industry will help you in building a good social proof to engage

professionals and companies in the creative industry. Your name will be established wherein this will give you a good impression to people. This is something that you can be proud of. This will surely increase your self-confidence, and you can be more gratified of endorsing your work to people.

Teams are Easy to Discuss With

Global Summit House is composed of a good team you can easily transact with. Activities and strategies to be performed will be smoothly communicated to both of the parties since the company does not only open you to a great opportunity but also quality service. Undoubtedly, the excellent flexibility of the team will get you into places.

Low-Cost Services Offered

The payment plan arrangement is available up to four months depending on your chosen budget option. The Global Summit House made sure that you will be able to select your desired service with your budgeted finance. They also consider making some changes and arrangement for you to afford the service they are about to offer.

Good Budget Leverage

The Global Summit House can leverage a small budget to produce quality engagement to different people. You will never have a hard time allocating your finance for your work to be published since they will be the one to do the working for you. The small

budget won't always mean low-quality outcome.

Opens the Door to Better Opportunities

Better opportunities that were not available for you before might become available for you now. You do not need any key to open a specific door of opportunity because the company itself will do the honor for you. All you have to do is to take that step and risk in a sure win commitment with the Global Summit House. Your trust is an excellent bet to start achieving your plans.



Get in touch with our team!

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Self-publishing in and of itself is quite a risk. No one will edit your work aside from yourself unless you hire an editor or proofreader. This approach, however, makes it less of a burden to you, without the whole legal and copyright fuss.

This tactic is indeed easier, and if successful, it would lead to more profit than if you get a publisher, however, this ease can also lead to a lot of mistakes and complications. Here are the 9 BIGGEST mistakes when self-publishing.

1. Not Editing Your Manuscript

This mistake can either come from arrogance or ignorance. There is bound to be a mistake in your manuscript. Hire a professional editor, a proofreader, and beta readers and make sure to hear out their suggestions.

2. Not Having a Social Media Presence

Not having, or having a weak social media presence is akin to not being known on the Internet. Do not block any avenues that will profit you. Having a stable and healthy social media presence will get you more inquiries and more people who will buy your books!

3. Not Putting any Effort on Book Covers

A lot of authors, especially online authors, tend to commit this mistake. You have to use everything at your disposal to attract readers. The first thing your readers see is your book's cover. The phrase 'Do not judge a book by its cover' exists for a reason--because people judge books by their covers.

4. Not Slowing Down

Don't rush in and publish your book straight away after finishing it. Make sure that you edit, proofread, and gain beta feedback first before you publish. Get everything done and correct before you publish your book.

5. Not Being Humble

Some authors get too full of themselves and become arrogant. Be humble and make sure to dial it down. Even if your story is good, if your personality is not, then no one will buy your book.

6. Not Marketing

This is the worst problem in self-publishing. You publish your work but no one buys it. Why? Because people probably didn't even know you were writing in the first place.

7. Not Proofreading Your Bio

Your bio shows who you are and what you do. Don't be a writer, and have spelling or grammatical mistakes on your biography. This will only drive away potential readers.

8. Not using good materials when publishing.

This mistake will lead to your book being fragile and weak. This is a significant turn off for readers. Make sure to use good materials when you're self-publishing, or it will be apparent in your book.

9 Biggest Mistakes When Self-Publishing



“

I write to find strength.

I write to become the person that hides inside me.

I write to light the way through the darkness for others.

I write to be seen and heard.

I write to be near those I love.

I write by accident, promptings, purposefully and anywhere there is paper...

I write because my heart speaks a different language that someone needs to hear..."

-Shannon L. Alder

GREW UP IN NEW YORK AS A RELIGIOUS JEWESS. I went to a private Jewish all-girls school. We studied Bible and Hebrew for about three hours every morning. The afternoon classes were devoted to secular subjects like math, English science, and History. My teachers

loved me because I was attentive and inquisitive. I was able to answer their questions, but they were sometimes stumped by mine.

At home, we were very devout. Every Sabbath, my father would sit with us at the table and teach us Bible stories and sing songs in honor of The Sabbath.

The strongest message that he gave us is the one I said at his funeral: "It says in the Torah to Love your God with all your heart and all your soul, The Torah doesn't say to love your parents. The commandment is, "Honor your father and mother." I am human and will disappoint you. Don't love me; love God. If you love God, He will always be there for you."

This message accompanied me my whole life. When people let me down, I turned to God for help. My father trained us to have unshakable faith backed by a deep understanding of Jewish History throughout the generations. He encouraged me to love God and to question Him, quite a combination! He didn't believe in blind faith he believed in God because he was sure. All of what he taught me and the education of the schools that he sent us to, set the stage for who I am today.

When I was sixteen, my family moved to Israel. At the time it was an impoverished country, but we loved it. We were happy to eat the simple foods and live in a small apartment. We felt so elated to be in the Promised Land. My sister and I went to a religious High School, and we loved it. I particularly liked to go to the open market and buy fruits and vegetables. I always loved to cook. Our family was already interested in healthy natural eating, a new phenomenon in those years.

When I was eighteen years old, I got married as was customary in our circles. I continued to study even after marriage until I received my degree as a middle school teacher of Hebrew and Bible studies. Subsequently, we had two children, and I was ready and eager to work because our financial situation was quite difficult. My husband had losses with his own business, so I prayed hard that God would bless me with my personal income.

Far and above my dreams, I was blessed with a gift that gave me intuition to heal people by diagnosing them and offering herbs and vitamins to help them. My neighbors came to me and sent their friends and family soon. I was working full time as my good name traveled all over Israel. After thirteen years of an unhappy marriage, I got divorced, and I was ready to support myself and my children with God's help.

After only three years, I met the man of my dreams. He was excited and fascinated by my intuition and my work. David Shemesh became my partner in business and learning. We studied Torah together and asked and answered question after question about Torah God and Judaism until finally in the year 2008, I got a message from above, "Write a book."

I had so much to write that I didn't know where to begin. Every day after treating my patients, I wrote. At the time, we were corresponding with my aunt, who never had a Jewish education. She asked me many questions about my beliefs. When I responded to her in an email, she was bewildered and didn't understand my answers or my terminology. This made me realize that If I am going to write a book for the whole world, I am going to have to simplify it. I began to edit my work explaining everything in detail and began searching for evidence from the Bible for everything I wrote. This is the reason why my books have large print and are written in a very easy step by step language and style.

It was difficult and painstaking because verses on the Bible Gateway site, and we received books. Sometimes I had trouble finding what I was evidence from places in the Bible that I did not

We were starting to have fun. My over my work for grammar and style, and we

My first goal is to publicize the great I studied the topic very carefully and in plain given, I found the following verse that

Exodus 19:5

5 Now if you obey me fully and you will be my treasured possession. you[a] will be for me a kingdom of the words you are to speak to the

A kingdom of priests? The were servants of God in the Holy and the rest of the year they were meant to be a nation of priests, Whom do they teach? The nations you will be my treasured mine..." meaning that to fulfill the possession, we must teach the Ten the earth. Now I was even more

About three years after we started company. I had about 800 pages, and I book should be called God Meets the book would not be a good idea. "No one separate it into four different books." I didn't challenge and began creating four separate

I usually study the Bible from the Hebrew, and English. However, to write a book in English gain the respect of my readers. While writing NIV translation for Exodus 19:17 Then Moses led they stood at the foot of the mountain.

everything that I wrote, I had to prove. I looked up the permission from NIV to use their translation in my looking for, but many times, I found overwhelming know of previously.

husband, a licensed psychologist, would check were on our way.

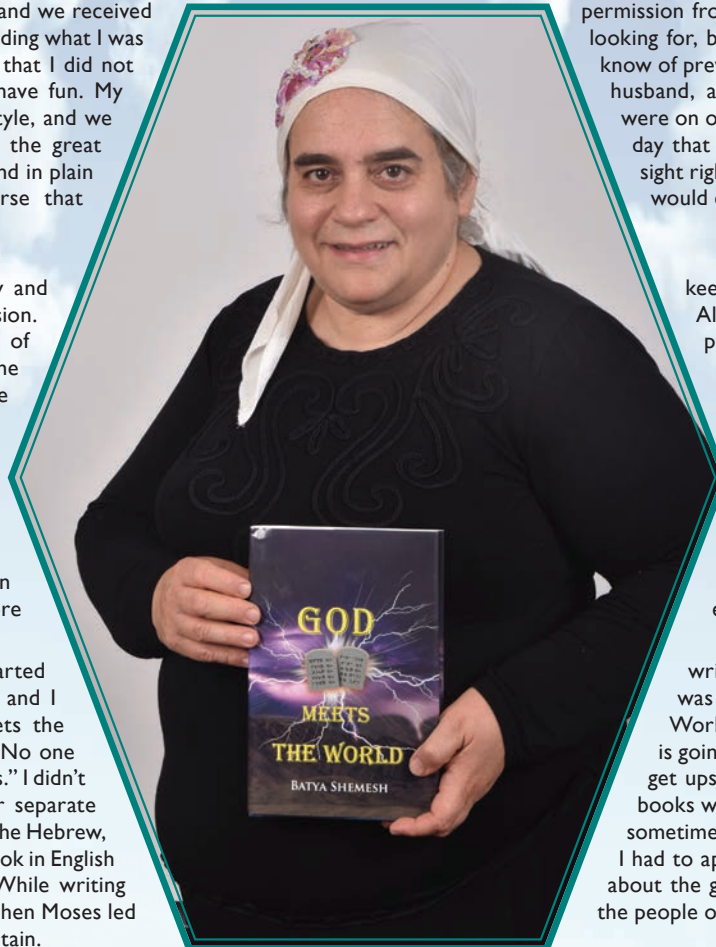
day that the Ten Commandments were given. sight right before the Ten Commandments are would change my ideology forever.

keep my covenant, then out of all nations, Although the whole earth is mine, six priests and a holy nation.' These are Israelites."

Israelite priests were not kings. They temple for a short shift once a year, teachers. If the Israelites were it means a nation of teachers. answer is in the text, "Of all the possession. Although the earth is blessing of becoming His treasured Commandments to nations all over excited.

writing, we contacted a self-publishing was ready to go. I had a vision that the World. My publisher said that an 800-page is going to read an 800-page book. You must get upset in the least. I was ready for a new books with new themes.

sometimes referring to commentaries in Hebrew I had to apply to known translations that would about the giving of the Torah, I came across the the people out of the camp to meet with God, and



I was impressed! I decided on the name God Meets the World on intuition alone. Now I understood that God met the World at Mount Sinai. It was not only the Israelites that he met, but The Creator of the universe also came down to earth in full glory and spoke out loud to a crowd of millions. The Spiritual energy landed on earth. I then decided that of all the four books, the name God Meets the World would be the title assigned to the book about the giving of the Ten Commandments.

Aside from the historical background leading up to the event at Mount Sinai, I described each commandment at length. I aim to answer every topic that is closely connected to the commandment. For example, in the chapter "Do not murder," I discuss the subject of abortion and suicide. In the chapter on Honoring your parents, I discuss the issues that may prevent people from honoring their parents and a discussion on the education of the next generation. I also completed the three other books, Who is God? Choose Life and God's Hidden Treasure. I have two beautiful websites, batyashemesh.com and godmeetstheworld.com. You can also see me online with lots of interesting interviews and videos that explain more. Just search Batya Shemesh or God Meets the World on YouTube.

You can also or try these links :

https://www.youtube.com/watch?v=q_O63a_5V_k
<https://www.youtube.com/watch?v=jxvZlpMwaxU>
www.youtube.com/watch?v=uAHcRou8ARU&t=56s
www.youtube.com/watch?v=wuqEe2CZw6E
www.youtube.com/watch?v=ycaVfYULNXE
[/www.youtube.com/watch?v=0kgUfhcUq_4](https://www.youtube.com/watch?v=0kgUfhcUq_4)

May God give me the strength to keep writing the beautiful wisdom, insights, and secrets that I have learned from the Torah, from my experience and my very special connection to the Creator.

With Love of God,
Batya Shemesh

GOD MEETS THE WORLD **by Batya Shemesh**

Reviewed by: Amelia Miller (blogger)

These past few weeks, I've been in a reading slump lately. If you missed the post I had a few days ago, I am dealing with some pretty brutal coughs and colds, and now the flu. I find it grueling to work up the enthusiasm to move around and, say, feed yourself, let alone type something articulate and decent.

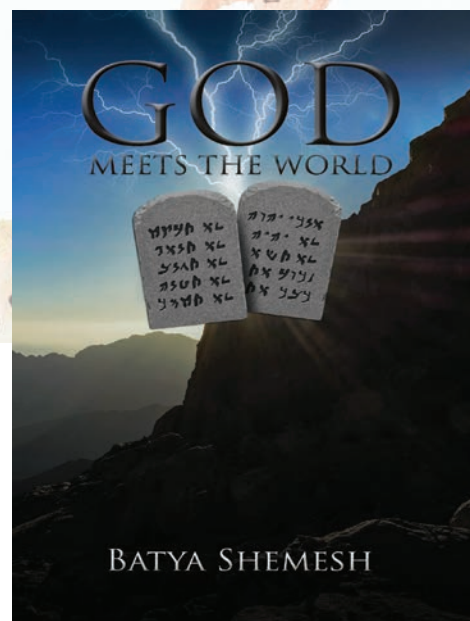
Recently, a good friend of mine recommended one of her favorite books, God Meets the World by Batya Shemesh. I picked up a copy without further ado, set it on my to-read shelf, and there it has sat languishing, hoping that I would finally have the strength to read it. The other day, when I was actually feeling a little better, I began reading it, and instantly knew that I had found something worth writing about – something that overcame both my nausea and exhaustion and transported me to an entirely different time and place.

God Meets the World is the story of The Ten Commandments from God's point of view. The book give a rundown of how different ancient events recorded in the Bible inspired God to write The Ten Commandments. It wanders through the purpose for the creation of these commandments and the circumstances of the time they prevailed. The second part of the book explains the practical applications of The Ten Commandments in our modern society.

This book has an imaginative and creative look at the Ten Commandments. It is easy to understand and at the same time the ideas are heart-felt. Shemesh writes compelling examples of the suitability of these commandments that will motivate stirring discussions among colleagues, friends or family. She gives you a

lot to think about with room to flourish your own opinion about life and about current events. Many questions that you have thought about will be answered. The propositions in this book are real eye openers. This is a self-help book that can help change your outlook on life, strengthen your faith and help you make significant decisions.

This book will always be on my shelf as a study book and a book of reference. I read it for pure enjoyment, but it could certainly be look over for deeper meaning and would be an incredible book club selection. Highly-recommended.



Introducing Karyn Darnell

DR. KARYN DARNELL, Author, Visionary, Healer: Creator of the "True Privilege," book series which is an epic adventure surrounding the dark underbelly of human trafficking. My whole goal in writing this series is to bring attention and solutions to the plight of sex and labor trafficking globally. I will soon start the second series of the "True Privilege," saga comprising another three books of thrilling adventure. In this next series, I will highlight the continued carnage of human trafficking, dating back to World War 1 and 2. It should be another hair raising, fascinating journey, keeping the readers on the edge of their seats with nail biting suspense. The books are fictional, faith based stories, involving a family line of abolitionists, spanning over a hundred year period. The motivating and intriguing story lines were written with the hope of inspiring others to complete their purpose in life and help those who are dis-empowered globally.



True Privilege Global World Changers Club

LIFE'S VISION: I'm a mentor to leaders and storyteller who impacts nations for the sake of high risk people and children globally.

BACKGROUND: During my journey, I have been a business owner and invested in real estate. I have worked as a Registered Nurse extensively. I have honored my community through service to others in the church and secular arena's. I volunteered at Santa Rita jail, Dublin California, mentoring the female inmates and helping with chapel services. Through the International Healing Room's Ministry I worked with teams ministering to the sick. I have counseled many families and children when interning as a Marriage and Family Therapist at Trinity Counseling Center, under the guidance of Dr. Claire Craig. In 2018, I earned a Doctorate of Christian Counseling, through Christian Leadership University, founded by the renowned Apostolic teacher Dr. Mark Virkler. His meticulous, advanced courses have enhanced my ability to help heal, mentor and see others to emotional health. My dissertation included the True Privilege Series and a fourth book exposing the plight of disposable people on a global basis. This book will be published by the end of 2019. My other degrees are as follows, Masters of Arts: Marriage and Family Therapy's/Theology and a B.A. in Biblical Studies. I am presently focused on mentoring traumatized women who escaped sex trafficking, or suffer from molest or rape trauma. It's my greatest

pleasure to walk people into wholeness of body, mind and spirit. As a Registered Nurse I have worked in many areas of expertise including Surgical Specialties, ICU, CCU, and Pediatrics. Personally, I have enjoyed global travel and missions work that has taken me around the world. I'm a great cook, love a peaceful, well organized, decorated home, and enjoy long walks on the beach with my family.

CURRENT PROJECTS: As mentioned above, I'm currently working on a non-fictional book, regarding disposable people and issues affecting women and children globally. It will address sex and labor trafficking, child brides, acid burns, female circumcision, honor killings, pleasure marriages, infanticide, child soldiers and the peril women and children face in refugee camps. Other problems to be addressed is the Foster Care System in America in which children are recruited for sex trafficking. My goal is to champion the cause of high risk women and children globally by bringing attention to the issues. There's a great need to advocate for prevention programs, create anti-trafficking laws and to raise funds to rehabilitate those exiting the sex trades.

OTHER EXPERIENCE: My most meaningful work was joining teams of pastors and professors into Communist China's secret underground house churches and Bible Schools. It was an honor to minister to the persecuted church in Asia. Most of the underground house church pastors are women. I can't tell you what that meant to me as I was able to pray and minister to them. Many of these pastors feared the police raids, rapes, beatings and prison time but weighed the cost for the Christian mission. I have also ministered in Europe and would like to return. In the future I feel I will be spending time in South America to minister to the poorest of the poor.

TRUE PRIVILEGE SERIES



When did you first realize you wanted to be a writer?

I never aspired to be a writer. It all happened after Christmas in 2005. I was sitting at my computer and all of a sudden I had an open vision of a love story. A young couple was interacting with each other. They were in love but there was a romantic tension that neither wanted to admit. The characters were the main protagonist's in book one and two of the series. None other than, Favor and Purity, who loved each other but their romance took time to develop. I started out with a few paragraphs trying to write what was unfolding before my eyes. It was awkward, clumsy writing and I was stretching to match the words trying to describe the interactions and dialogue in the vision. Until this time I had only written papers for my degrees. After about ten minutes, I turned off the computer and looked up to heaven. I said, "God, I'm not a writer and I don't know anyone in Hollywood." I had those thoughts because immediately I felt the writing would manifest into successful books and movies projects. About a year later, at the end of 2006 my world changed in many ways. The one thing in life that is certain, "change" is always around the corner. In 2007, I worked and in my spare time I began to write. Eventually, I started helping people with their writing projects and worked on the True Privilege Series, on and off over a five year period. It was a slow, tedious process as I never felt like I knew what I was doing. I kept asking God to help me write as I didn't have time or the interest to go to writing classes. In 2012, I took a year off work and finished all three books. I worked on the first book, "The Unholy Realm," most of the year. Around June of 2012, I received the download for Eliza's Elation, book 2 and wrote it in about 3 months. The revelations and downloads continued so I just went with the flow. In August of 2012, I started the last book "Revelation to Faith." It took about 3 months to write the 3rd book. Again, I might add, I wasn't writing 10-12 hours a day. I would write if the flow came, sometimes for hours, other times shorter periods. Then in 2013, I moved to Los Angeles to do missions. I served with Evangelist's reaching out to the tourists, skaters and homeless in Venice and the Los Angeles area. I also aligned with other artists who were in the music industry, script writers, actors, dancers, and comedians. I began to mentor many of them. Then I felt I needed to sit on all three books, I call it the 'simmering process.' You write then back off of it, let it simmer, on low heat. From time to time I'd pull the books out and reread them, adding a few things here and there. Finally, after five years of waiting on "God's green light," I pulled the books out again in 2018. That's when I was given the songs and the major spiritual themes in all three books. If I would have rushed the process and published too soon, the intrigue of the story line in all three books would have been missed. Most of the impact and punch to the heart of the reader would have been lost. Sometimes you just have to wait and let it marinate. In the meantime, as an author, I had to learn and discern when more of the story was ready to be birthed. It's not always fast or easy to receive how the story evolves but the rewards are always guaranteed when the finished product hits the mark. By the end of 2018, I had the sense the stories were complete. My thoughts, "I've got more than a story! These books will hit every heart on some level."

How long does it take you to write a book?

It depends on if I'm helping a friend write or if the flow of inspiration is there regarding my personal work. As mentioned above, I received the last two books of the first series very quickly. I just kept praying, "Lord, if you don't give me the story, I just don't have it." Then I heard that still small voice of the Lord in my spirit. "Karyn, just sit down at your laptop and I'll give it to you." Well, He did.

3) What is your work schedule like when you're writing?

As mentioned as I was learning to write, I wrote after work. Then in 2012, I took the whole year off. Right now, I'm finishing a book on the factual assaults of disposable people globally. I write when the inspiration comes, it's hard to focus when I feel I have to pump something out.

4) Where do you draw inspiration from?

I draw inspiration from what's hurting the heart of God. Millions of people around the world are being destroyed from the illegal sex and labor trafficking industries. My hope is to bring attention to the human carnage of these killing machines. It's such a heavy subject and can be so overwhelming that I had to spin the story, adding the hope of faith to end these tragedy's in our life time.

5) What does your family think of your writing?

They are excited for me and hope the stories will be successful.

6) What was one of the most surprising things you learned in creating your books?

I realized we're all called by God to make a difference in this world! Most of the time that doesn't come easy but don't give up. Check your heart in whatever you're doing, is it for self promotion or to help someone in need. I didn't become a writer overnight or even over months but it took years. I'm still uncomfortable calling myself a writer. I've written a few screenplays that are being reviewed. So, nothing happens overnight in the 'Arts and Entertainment' world or any area in life that really counts. It can be a painful, slow process that helps build character, skill, insights and perseverance. It's not all about reaching the goal but it's the journey that molds us into what we become at the finish line.

7) Where can readers find out more about you and your books?

My website: trueprivilegeglobal.net. Instagram: [tpglobal](https://www.instagram.com/tpglobal). You can purchase the books at Barnes&Noble and Amazon, online.

8) What books or authors have most influenced your own writing?

Chronicles of Narnia, C.S Lewis, because of the mythic story, characters, and fantasy world. I also love, Lord of the Rings and the Hobbit series because of the fantasy worlds, characters and allegories of faith, and life lessons.

9 Tips to Succeed in Publishing this 2019

Getting your book published in 2019 is an easier task than the past years. This is mainly because of the dozens upon dozens of publishing and self-publishing sites on the Internet. Publishers and agents can market your book easier and sell more through social media platforms. This makes it easier both for you to earn money and profit from the sales. This, however, also makes it easier for you to make mistakes and mess up your publishing opportunity.

To avoid this possibility, publishers and agents are there to guide through the path of publishing. Here are ten tips that you should follow to publish your book this 2019 successfully!

1. Actual Writing. Most writers dream about getting their book published before they even finish the book. Don't be one of those writers. Focus on writing your book first.

2. Write Some More. Showcase your writing! Write short stories, write blogs, make your writing known. This will make it easier for you to get a contract with a publisher as they will know that you are capable of good writing.

In conjunction with the second point, you should build up your social media presence. Publish yourself before you publish your book. When more people know and follow you, more will be interested in your writing.

3. Proofread. Moreover, proofread some more. Hire beta readers and proofreaders to

4. Pick a Genre. Genres are marketing tools; they will help you find the right audience for your story.

5. Hire a literary agent first. Some publishers will not accept a book proposal if it doesn't involve literary agents. These agents will be able to help you edit and even to get the best deal for you.

6. Research. To properly succeed on your getting that book published, you need to research. First of all, are you going to self-publish or are you going to ask a publisher for help? What are copyrights? You should research these essential elements, so you'll know what you're doing.

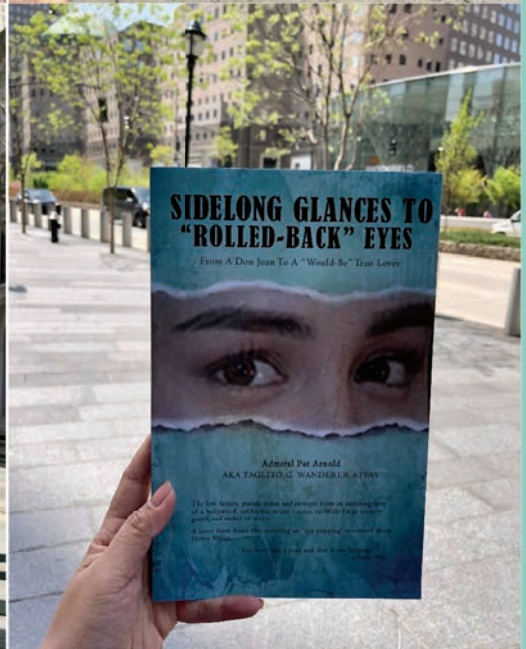
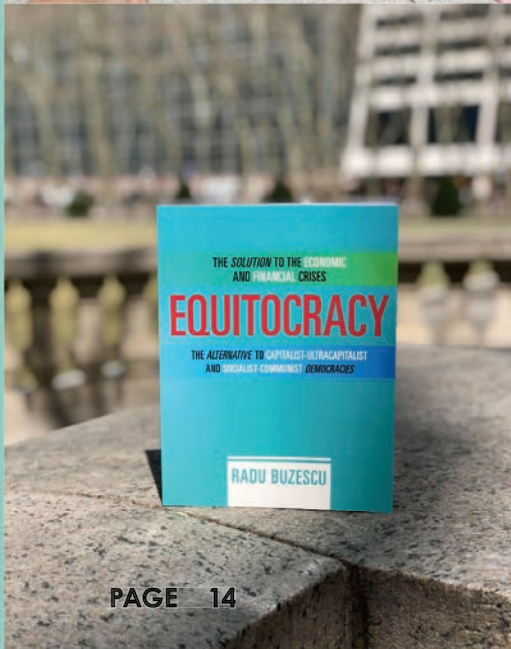
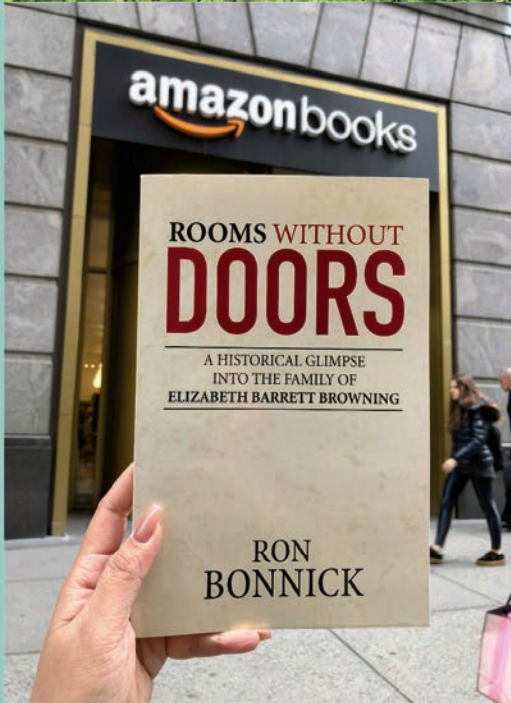
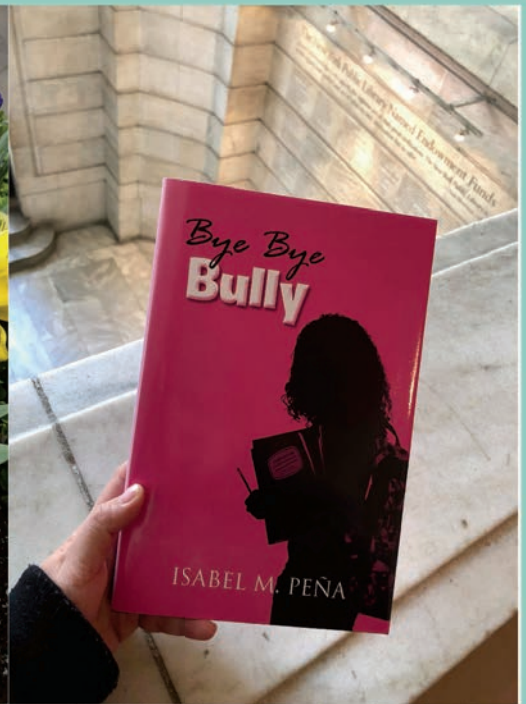
7. Prepare Your Material. Prepare, fix, edit and make sure that your book proposal is spot on. Usually, this book proposal will consist of the synopsis and sample chapters.

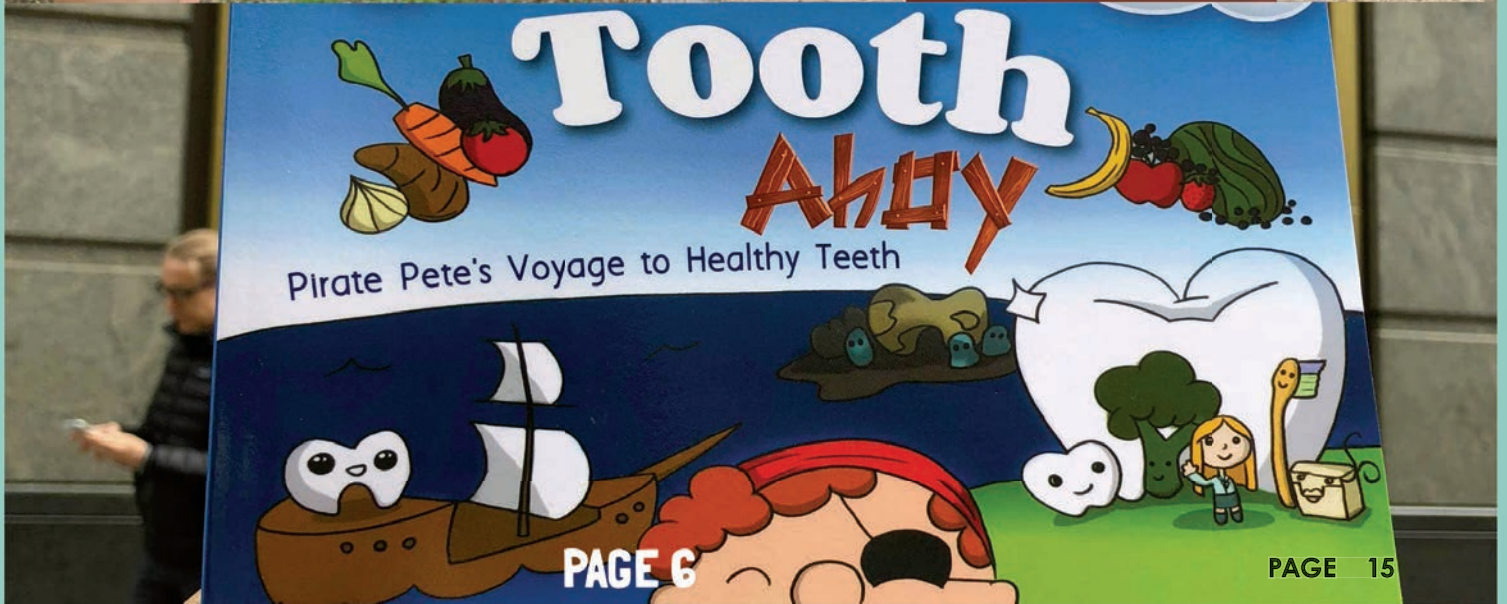
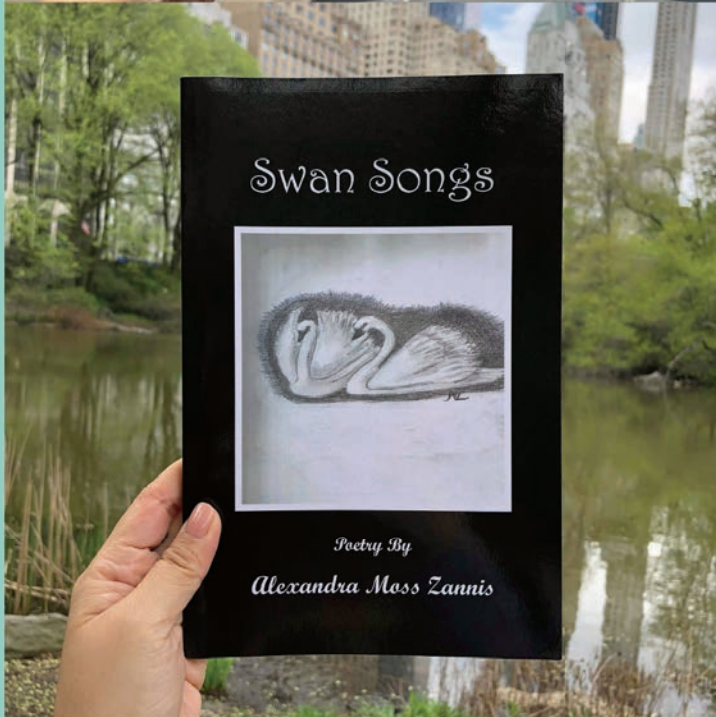
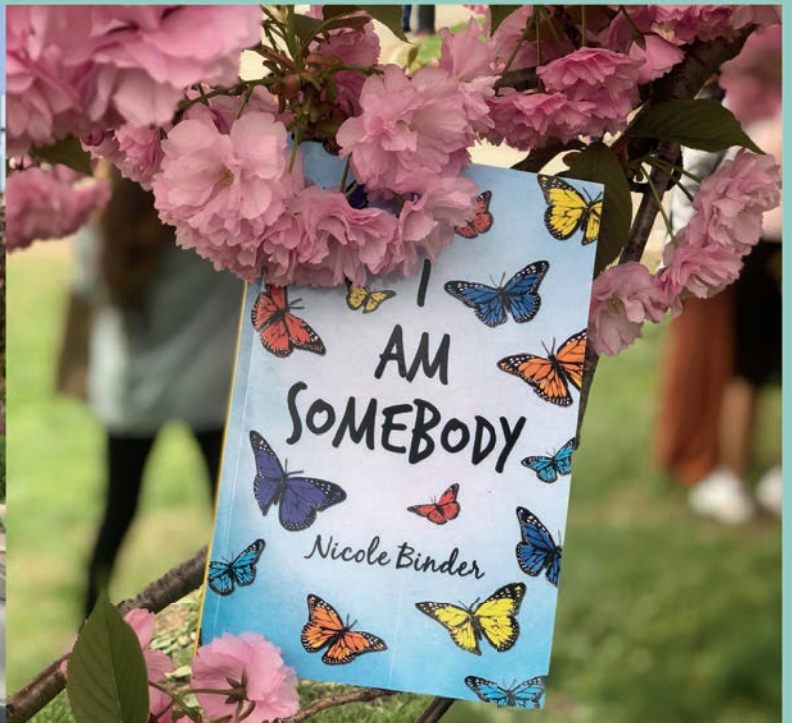
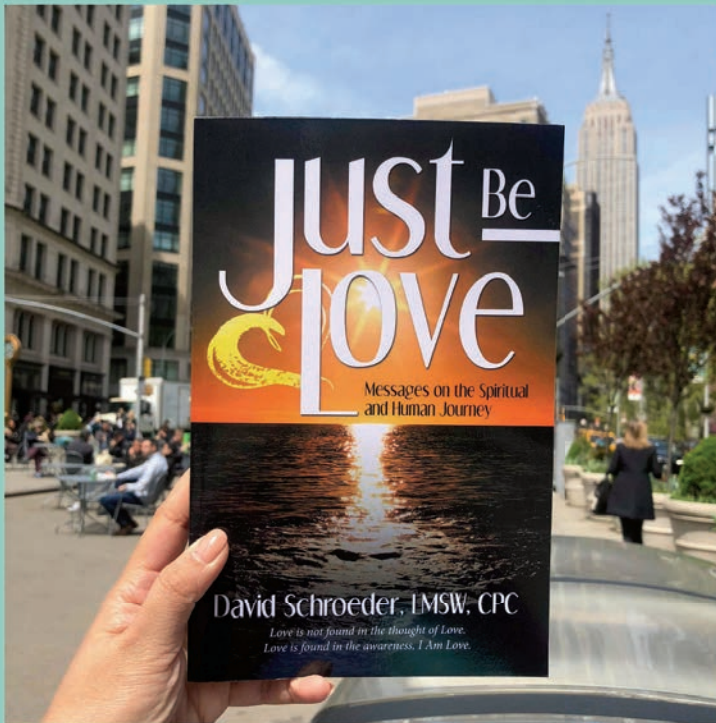
8. Watch Out for Scams. Scams are prevalent in the publishing journey; some steal your work and progress, while some leech out your money. Either way, you should look out for these as they can be destructive.

9. Do Self-Publishing First. This tip is to be taken with a grain of salt. It is recommended that you should self publish first, and depending on what the outcome of your book is, many more publishers will seek out to

A full-page background image of a mountain landscape. In the foreground, two hikers with backpacks stand on a grassy ridge, looking out over a deep valley. The valley is filled with dense evergreen forests. In the background, a massive mountain range rises, featuring a prominent peak with patches of snow and a waterfall cascading down a rocky cliff on the left. The sky is a vibrant blue with wispy white clouds.

GLOBAL SUMMIT HOUSE BOOKFEST





INTRODUCING MICHEL-PIERRE HUPPÉ



Michel-Pierre Huppé

"When Michel-Pierre first told me about this book—nearly five hundred songs and six years in the making—I was struck by the sheer scope, audacity, and originality of his endeavor. And it seemed to me that the role he was implicitly fulfilling was precisely that of the benevolent, knowing friend who's gone places throughout his life and who kindly offers to share what he believes to be most conducive to a life well lived."

As business consultant, change agent, dealmaker, trainer and public speaker for the last 20 years, Michel-Pierre Huppé has contributed to the success of numerous companies in the Fortune 500. Whether in English, French or Mandarin Chinese, he has trained thousands in all areas of organizational psychology like leadership, sales, negotiation skills, etc. Born and raised in Montreal, he spent 25 years in Asia. The first Westerner to earn an International Business degree following the Chinese curriculum at National Taiwan University, he has traveled all over the world, observing the mosaic of human experience, knowledge and wisdom.

"Songs to the Wise 1" takes on a simple yet sizeable challenge: to impart profound knowledge, practical skills and universal truths in an immediately useful way, and in as few words as possible. Combining the power and play of rhyme with the author's extensive reading history and rich life experience, it is packed with wise words, pithy messages and tangible takeaways to improve every aspect of one's life.

"Whether read at length or browsed at leisure, it will provide timely answers in challenging times, clear guidance where maps have become scarce, and balanced perspective as we journey through this world," Huppé explains.

Jean-Benoît Rainville shares a review on "Songs to the Wise 1:"

Songs to the Wise 1
By Michel-Pierre Huppé
Hardcover | 6 x 9 in | 732 pages | ISBN 9781514436332
Softcover | 6 x 9 in | 732 pages | ISBN 9781514436349
E-Book | 732 pages | ISBN 9781514436356
Available at Amazon and Barnes & Noble

Q: When did you first realize you wanted to be a writer?

A: As a teenager, I already knew that I wanted to be a writer. I didn't write more than a few pages before I was 42 years old though. What unleashed my creativity was the stroke of inspiration that came from nowhere one night 10 years ago to write in syllabic rhymes. I haven't stopped since then!

Q: How long does it take you to write a book?

A: This book and its sequel (Songs to the Wise 2) took altogether seven years to write

Q: What is your work schedule like when you're writing?

A: Whenever I have inspiration and sleepless nights are very inspirational! I generally review the previous night's writing in the morning after sleeping a few hours. I can easily spend 4-5 hours a day writing in rhymes and pure bliss.

Q: What would you say is your interesting writing quirk?

A: Whenever I can't find the next sentence or the right rhyme, I purposely let it go, and the universe sends me the perfect answer every time even when others tell me it will be impossible!

Q: Where do you draw inspiration?

A: What happens to me, my travels and bestsellers I read.

Q: What does your family think of your writing?

A: They are very supportive. It is beyond them that I can be so prolific and remain so passionate about it.

Q: What was one of the most surprising things you learned in creating your books?

A: It enabled me to organize my entire belief system as few people on Earth have ever been able to do.

Q: Where can readers find out more about you and your books?

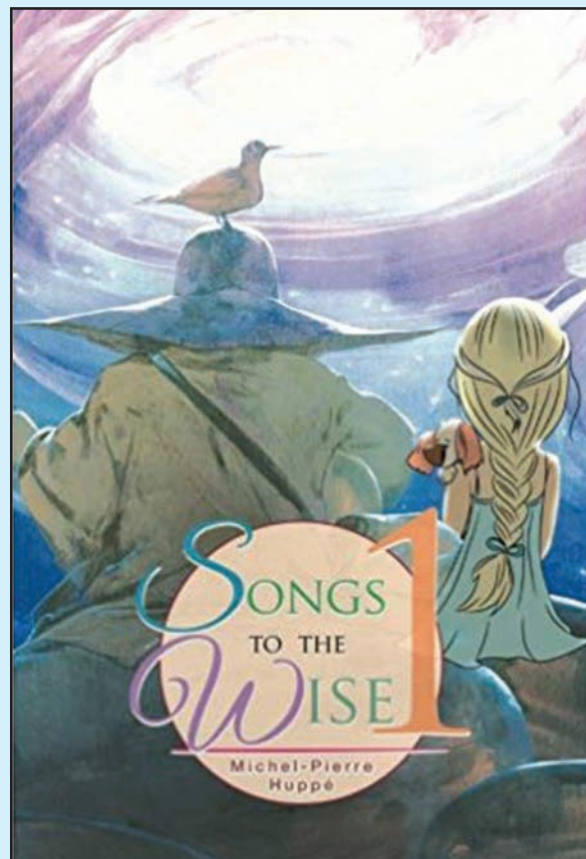
A: <http://www.songstothewise.com>

Q: What books or authors have most influenced your writing?

A: Philosophers such as Marcus Aurelius, Confucius, Dalai Lama, Krishnamurti, Gandhi, Sri Aurobindo, Osho, etcetera. Psychologists such as Carl Jung, Eric Berne, Thomas Harris, David Burns, Scott Peck, Mihaly Csikszentmihalyi, and others. Self-help gurus like Tony Robbins, Robin Sharma, Neale Donald Walsch, Eckhart Tolle, Dale Carnegie, among many others.

Q: What do you like to do when you are not writing?

A: I am a self-help book reading addict, a family man, a serial entrepreneur, and a globetrotter.



AUDIOBOOK: THE BEST WAY TO CREATE NEW BESTSELLERS

The independent author terrain is filled with many challenges, which can only be doused with a great deal of creativity, innovativeness, and utilization of opportunities. Independent authors are generally expected to carve niches for themselves and to thrill their audience by exploring their chosen niche. Many authors daily decide to tow the independent author lane, and this is more or less making the space crowded for existing authors and new entrants. Now, to avoid the stifling tendencies of the publishing terrain that fortunately led to the birth of the self-publishing terrain where independent authors flourish without struggles today, each independent author is expected to be innovative as well as creative to set huge marks for themselves.

The biggest creativity an independent author can possess has to do with making their incredible stories available for all audience types, but this is often not the case despite the availability of many opportunities, services, products, and tools.

One of the roads less traveled by independent authors is audiobooks, but the biggest reason is fear and uncertainty. This article will preach the gospel of audiobooks to you reading it right now and to anybody else who will be privileged to read it much later. When independent authors voice their sentiments about audiobooks, it becomes important to ask, what is the essence of beautiful writing without people to share the story?

Fortunately, technological advancements have made things much easier and relatively cheap to come by, and this is why as an independent author, you must be ready to take full advantage of converting your writings into audiobooks because of the many benefits it presents.

While the benefits of audiobooks are numerous, the ones important

to you as an independent author will be addressed in this article. In no particular order, they are:

1. The chance to reach new readers – it is the delight of every author to gain new attractions for their work. Audiobooks are now a fad for many book lovers who especially cannot find time in their busy schedule to sit down with books from their favorite authors. With audiobooks, they can easily have these books read to them as they perform other activities simultaneously. Many independent authors have not yet tapped into this goldmine of audiobook lovers.
2. Increased earnings – a one-time cost is required to produce an audiobook, and after this, it becomes available for download at any time. There would be no cases of failing to meet demands for copies of the book and rather than spend to produce more copies after the first batch productions are sold out, audiobooks will make the book available for yet many more people without attendant production costs.
3. Credibility and ease of finding content – What separates the popular authors from the not so popular ones is majorly the ease of finding their content i.e. subsequent releases. This is a very big challenge that even the most prominent writers and their publishers have not been able to solve. Most audiobook platforms have very easy search features that require only specific keywords for users to find authors of their choice.
4. Less competition – Many independent authors are scared of delving into the audiobook waters because of several reasons they harbor. This is a huge chance for you as an independent author to lay claim to space and to gain a significant number of readers because sooner rather than later, the audiobooks space will become saturated.

These are some of the benefits associated with creating audiobook versions of a writer's efforts, and yes, the next best sellers are going to be audiobooks.

Mark those words.

An Exclusive with One of the Best Authors



LAVONDA IS A NATIVE MEMPHIAN. She is a widow and the mother of three biological children and one adopted son. She served eight years in the military. She is the Owner of "TAKE YOUR LIFE BACK CHIRSTIAN CENTER," a non-profit organization and a desire to help as many people as she can take back control of their lives mentally, physically, emotionally, financially, and spiritually. She loves to cook and write. She does whatever she can find her hands to do when it comes to helping anyone. She gives God the entire Honor, the Glory, and the Praise for everything in her life.



ACKNOWLEDGMENTS

First, I would like to thank the Lord for His mercy and grace and for allowing me to go through and come out of all my trials and tribulations victoriously. He has kept me in my right mind.

I would like to thank my mom, **Porchia Reed**, for everything she has endured, learned along the way, and become so that we could have the relationship that we have now. I love you, Mom! Additionally, I would like to thank my former pastor and first lady, A. W. and Lillie Pope, for all their love and patience with me and allowing me to call them at all times of night, worrying them. I love you. I thank God for my present Bishop and first lady, J. W. and Helen Bracy, for their love and encouragement. Thank you for pushing me into my calling as well as not letting me sit down on the gifts God placed in me. I love you.

To my children, Apree Jamiya Jackson, Dominique Porchia Campbell, Qwaunze Kaliq Campbell, and Denzel Jamal Davis—thank you all for weathering the storms with me and being obedient. Thank you for your unconditional love. Just know I only want the best for each of you.

*This book is utterly great.
Campbell is a beautiful writer
and an incredible survivor.*

Mad, Bitter, Angry, Saved, Hurt, and Restored

by LaVonda Rita Campbell

Reviewed By Lucy Harris

I am a sucker for discovering about amazing, awe-inspiring women. I am not a diehard feminist who thinks we should neglect all the men, but I'm absolutely grateful for the fact that we're now gaining access to a time where women are more recognized and celebrated. I love that there are so many means now to gain an understanding about women who were influential and courageous, daring and well-informed at a time when women were not expected to be so.

In *Mad, Bitter, Angry, Saved, Hurt, And Restored* by LaVonda Rita Campbell, readers learn about the difficulties that she's had to prevail over. During her younger years, LaVonda was abused and raped, causing her to become mad, bitter, hurt and angry early on. It was grueling for her to love, trust, have faith in anybody until she learned

about God. Though there were times when she continued to dismiss Him, He proceeded to save her life and make her appreciate her worth. Her intention for sharing her personal story is to encourage those who are hurt and suffering, to know Jesus and to always have faith.

This book is utterly great. Campbell is a beautiful writer and an incredible survivor. Her life story is represented in such an emotionally, heart-rending way, that you will be inspired by her life. It was a story of life, the journeys we live through, the struggles we cope with, the people we come across, and how we react to those battles. I felt myself sympathizing with her, and at times even felt myself experiencing those same feelings of loss and failures in my own life. For anyone who has been molested, raped, hurt, and mistreated, I encourage you to read this book. It really has something for everyone.

1. What is the first book that made you cry?

Are You There God? It's Me, Margaret, by Judy Blume

2. What's your favorite under-appreciated novel?

Well, it's not a novel, but the Bible is underappreciated.

3. What is your favorite childhood book?

Green Eggs and Ham, Dr. Seuss

4. What is the most challenging part of your artistic process?

Distractions and the fact I can't draw, lol.

5. Do you read your book reviews? How do you deal with bad or good ones?

Yes, I do; I appreciate all responses because they help me to see what direction I'll take the next book.

6. If you had the opportunity to live anywhere in the world for a year while writing a book that took place in that same setting, where would you choose?

Paris

7. Picture this: You feel uninspired, and you've sat at the computer for an hour without conquering any words. How do you get your creativity flowing?

Music

8. What is your favorite genre to read, and why?

Romance, I love a happy ending, especially one with a twist.

9. What does being a successful author look like to you?

Movie deals, traditional book deals, TV interviews, promoting my books, speaking engagements, and not having to worry about money.

10. Do you have any writing buddies?

No

11. How do you think being a writer has helped you as a person?

It has helped me to motivate other people to follow their dreams, and by them reaching their dreams, it inspires me as a writer, and that's how I'm able to be working on my fifth book now.

This Season's Rising Author

ASYA SHAMARIAN



Author Anastasia Shmaryan writes a story of crime and adventure to manifest the enduring attachment between all creatures in her new novel.

The Crow's Cry is definitely a unique and exciting book. Shmaryan created a fast-paced detective story filled with a wide variety of characters. The writing in this book started out really strong. Her writing is simply remarkable and her potential to bring out the best in highly unlikable characters is nothing short of uncanny. Overall, I loved the basic bones of this book — the storyline, setting, and some of the main characters.

—Anonymous

Q and A

- **When did you first realize you wanted to be a writer?**

I read a range of books through my life, such as Russian and French classic literature, and my first attempts were to write poetry in Ukraine when I was a teenager. In saying that, I wanted to become a writer after a cancer scare at the end of 2006. The fear of death made me rethink everything I thought I knew and gave me a second chance in life, to start writing stories.

- **How long does it take you to write a book?**

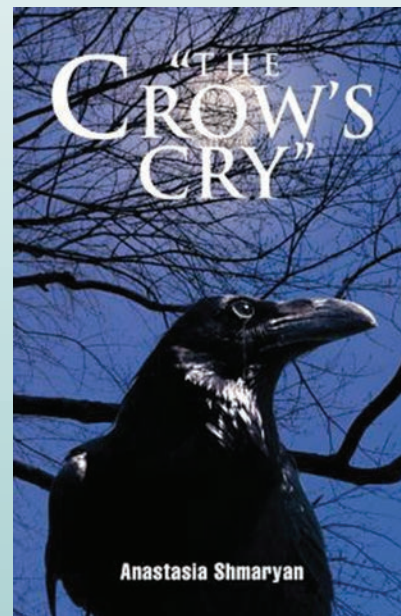
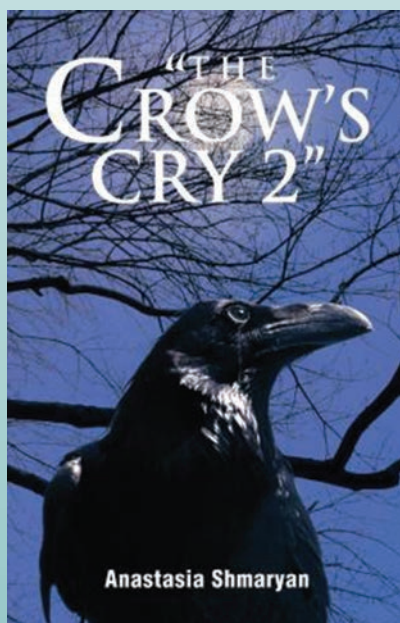
Usually, it takes me a year to write a book, sometimes even longer. This is because English isn't my first spoken language. It's challenging and hard for me to create these stories than for writers whose first language is English.

- **What is your work schedule like when you're writing?**

Well, I'm a morning person and enjoy writing before lunch. I continue to write late in the afternoon if I am free from other duties. I am likely to work on my writing up until the late night, particularly if there is an important deadline that I am working towards.

- **What would you say is your interesting writing quirk?**

I would say my most interesting quirk is, as I wrote two volumes of "The Crow's Cry" and its sequel - the magpie, Gale, flies over a bungalow where the protagonist, Robert, lives, and just as he is making love to his wife, Nora, the magpie lets out a very loud squawk: "Kar!"



- **Where do you draw inspiration from?**

I love listening to music. I also I like to visit art galleries to look at the paintings. All these things give me the inspiration to create new stories.

- **What does your family think of your writing?**

Unfortunately, both my parents have passed away. When my mom was alive, she was very proud of me becoming a writer, and she always encouraged me to pursue a career in writing because she believed in my talent.

- **What was one of the most surprising things you learned in creating your books?**

The most surprising thing that I learned in creating my books is how much knowledge and talent I have.

- **Where can readers find out more about you and your books?**

Readers can find out about my life and my written books on social media platforms, such as Facebook, where they can visit my Anastasia Shmaryan page. Also, on Instagram, Amazon, Barnes and Noble, and on many other websites.

- **What books or authors have most influenced your own writing?**

A range of books that I read have inspired me throughout my life. Many Russian and French authors; Spanish-speaking poet, Pablo Neruda; classical English writer, Shakespeare, plus, books by Vladimir Nabokov. I also admire Jackie Collins and love reading her books. Finally, I really admire Delia Fiallo, who's a Cuban author and screenwriter. All those authors have inspired me one way or another in my writing over the years.

- **What do you like to do when you are not writing?**

When I'm not writing, I volunteer. I believe this gives me a purpose in life, to help others who are less fortunate, or those, who struggle to communicate in English. By helping people, talking to them and getting to know them, I gain from learning new and interesting stories about their lives that may inspire my writing in the future.

THE STORY BEHIND THE AUTHOR

Hannah Porat

A few words about myself: I was born in Munich, Germany, in 1963 and raised by the international art dealer Franz Dahlem (established the Dia Art Foundation NYC together with his lifelong business partner Heiner Friedrich and also “Das Maximum—Kunstgegenwart” in the Bavarian town of Traunstein), who is descended from Jewish origins. Mr. Kahn, the Cohen from Regensburg was his grandfather on his mother's side, and on my mother Oda Baeumer's side her family tree originates in 639 C.E., and her line of people is “old German nobility via Charlemagne.”

I was a straight-A student at the Heinrich-von-Gagern Gymnasium in Frankfurt am Main (the former Rav Samson Raphael Hirsch Jewish high school). Moreover, a serious “Bookworm” reading up to 4 books a week from the age of 6 onwards. My high private moment was reading an illustrated children's Bible with the stories of the Exodus, given to me by my dad at age 5, and saying at the time, after reading the phrase “Moreover, G-d spoke to Moses, and many others.” a few times, “I want Him to speak to me also”.... Showing early spiritual ambition!

After graduation from high school, I left Frankfurt in Main in 1982 and went on to Manhattan, New York, where I produced the “New Age Book Review” for two years together with my friend Douglas Aronson.

At the time, I ruled out studying medicine and working as an apprentice in an International Metal Trade. I remember at the time that somebody told me women don't play a role in business negotiations of Germany's trade partners around the world). And yet in New York, we attracted 600 subscribers from across the USA with our direct mail marketing campaign of 20,000 physical letters mailed from his one-room studio apartment on 4 Park Avenue, 7A – I will never forget those days - who cared to receive our lovingly produced “New York Times Book Review” look-alike for titles on religion, psychology, and philosophy.

I spent two years from 1982 - 1984 with the Halveti-Jerrahi Sufi dervishes under the leadership of Turkish Sufi Sheikh Mustafa Ozak – from Istanbul - at the 155 Mercer Street Mosque, today headed by Sheikah Fariha (Philippa de Menil) which brought together seekers (of the authentic self/consciousness) from Jewish, Muslim Turkish and American Black backgrounds in New York City. Once a week for the “Dhikr” meaning “remembrance of G-d” chanting ceremony on Thursday evenings, followed by a sumptuous Turkish meal, freshly cooked for about 150 people, then cigarettes and a “Sohbet” discourse on Sufi Parables by the Sheikh.

I received a B.A. in Cultural Anthropology in 1986 and an M.A. in Human Development, both from great U.S. institutions of higher learning (Bryn Mawr College and University of Chicago), then after

four children a post-doc fellowship from the Mandel Institute of Jewish Leadership here in Jerusalem.

For the last 23 years, I have resided in the neo-haredi suburb of Jerusalem, called Beitar Illit 15 minutes southwest of the Gilo neighborhood in Jerusalem. Beitar Illit today has 58,000 inhabitants, 7,500 households, on average 6–8 children per family and a functional co-existence with our two Arab neighboring villages called Hussan and Nachalin, who come to tend their fields located in Beitar and service the town with 2000 Arab people who go to work in it each day.

I am a mother to 4 sons (aged 27, 25, 24, and 15) and one daughter (20), all of them born and raised in Israel. My Hebrew name is Hannah Bas Sarah (and I was born Anna Viktoria Dahlem *29.12.1963, named after my great-aunt from my father's side, who was the headmistress of the Catholic “Kloster Zangberg” in Bavaria). I have been Torah observant since December 1987 – 31 years now, and I am affiliated with the Chabad Rebbe for spiritual stability and consistency since around the year 2000. And other leaders of authentic Israel – who listen to and obey the Creator.

Thank G-d for His tremendous blessings and for all the great and beautiful people, who have enriched my life and encouraged and supported me throughout the years (see my page of acknowledgments).

I am someone with both a personal, hard-won commitment over many years of work on myself to lead the life of a Torah

observant Jew and also someone that has grown up in the world at large and has been trained in leading academic institutions in both anthropology and human development.

Finally, as a mother, who has raised a family of several children to semi-independent adulthood, and still strives every single day and hour to practice “Receiving, to Give” (that means being connected to my authentic self, and in case I lost my connection, then restoring it—and as my wise and kind 3rd son Moshe says, “it's a lifelong process”).

The two primary practical outcomes of sustainable consciousness, continuous self-training, is our health and wealth. It is worthwhile to stay the course, and diligently maintain a pure inner and outer space of access of God-given natural intelligence – the same one that made me express a desire, that God would talk to me just like he had spoken with Moses. Moreover, to listen and receive, there needs to be quiet, so it's great to write at home, where I can best maintain my spiritual habits and focus.



*Old German nobility via
Charlemagne.”*



USING SOCIAL MEDIA TO EFFECTIVELY PROMOTE YOUR BOOK



Independent authors are generally expected to carve niches for themselves and to thrill their audience by exploring their chosen niche.

Many authors daily decide to tow the independent author lane and this is more or less making the space crowded for existing authors and new entrants. Now, to avoid the stifling tendencies of the publishing terrain that fortunately led to the birth of the self-publishing terrain where independent authors flourish without struggles today, each independent author is expected to be innovative as well as creative to set huge marks for themselves.

The biggest creativity an independent author can possess has to do with making their incredible stories available for all audience types but this is often not the case despite the availability of many opportunities, services, products, and tools.

One of the roads less traveled by independent authors is audiobooks but the biggest reason is fear and uncertainty. This article will preach the gospel of audiobooks to you reading it right now and to anybody else who will be privileged to read it much later. When independent authors voice their sentiments about audiobooks, it becomes important to ask, what is the essence of a beautiful writing without people to share the story with?

Fortunately, technological advancements have made things much easier and relatively cheap to come by and this is why as an independent author, you must be ready to take full advantage of converting your writings into audiobooks because of the many benefits it presents.

While the benefits of audiobooks are numerous, the ones important to you as an independent author will be addressed in this article. In no particular order, they are:

1. The chance to reach new readers – it is the delight of every author to gain new attractions for their work. Audiobooks are now a fad for many

book lovers who especially cannot find time in their busy schedule to sit down with books from their favorite authors. With audiobooks, they can easily have these books read to them as they perform other activities simultaneously. Many independent authors have not yet tapped into this goldmine of audiobook lovers.

2. Increased earnings – a one-time cost is required to produce an audiobook and after this, it becomes available for download at any time. There would be no cases of failing to meet demands for copies of the book and rather than spend to produce more copies after the first batch productions are sold out, audiobooks will make the book available for yet many more people without attendant production costs.

3. Credibility and ease of finding content – What separates the popular authors from the not so popular ones is majorly the ease of finding their content i.e. subsequent releases. This is a very big challenge that even the biggest writers and their publishers have not been able to solve. Most audiobook platforms have very easy search features that require only specific keywords for users to find authors of their choice.

4. Less competition – Many independent authors are scared of delving into the audiobook waters because of several reasons they harbor. This is a very big chance for you as an independent author to lay claim to space and to gain a significant number of readers because sooner rather than later, the audiobooks space will become saturated.

These are some of the benefits associated with creating audiobook versions of a writer's efforts and yes, the next best sellers are going to be audiobooks.

Mark those words.

Reinvent Yoga with NGUYEN TRAN

❖ When did you realize you wanted to be a writer?

Soon after I realized that I discovered a meditation technique that opened up many opportunities for me, I decided I wanted to write books to help people live a much better life with no stress and abundant health.

❖ How long does it take you to write a book?

I wrote the book in about six months. A friend who helped me with editing, and helped shape the expression of my ideas. Over time she has enjoyed the unfolding of my scientific approach to Yoga. She liked my passion as a scientist and yoga practitioner, my storytelling, and my creative illustrations, which offer a unique contribution to curious practitioners and teachers of Yoga. She reckoned that I had broken new ground by using quantum physics to explain the body's response to Yoga.

❖ What is your work schedule like when you are writing?

At the time, I was a retired professor of engineering. I had spare time and the skills to research topics, crosscheck information, and the creativity to solve problems and think of new ideas to write.

❖ What would you say is your interesting writing quirk?

I do at least 10-15 minutes of active mind yoga meditation before I write for one hour. Ideas flowed through during the meditation, and they put into my book. Solutions coming from meditation were presented in the book.

❖ Where do you draw inspiration from?

I draw inspiration from the success of the new yoga meditation technique and many yoga books, yoga stories, yoga writers, teachers, practitioners, information from newspapers.

❖ What does your family think of writing?

Awesome and inspiring, full of new practical ideas worthy of practice. They were impressed!

❖ What was one of the most surprising things you learned in creating your book?

There were lots of exciting surprises because the new yoga meditation technique is capable of helping a wide range of people. One of the most surprising things on how it helps young students is to use mind control and regulate breathing to find solutions on their problems quickly.

❖ Where can readers find out more about you and your books?

By looking me up in the Trafford publisher, in Google, on my website: mindcontrol-yoga.com, in my facebook group: Science-based yoga meditation, in Amazon.

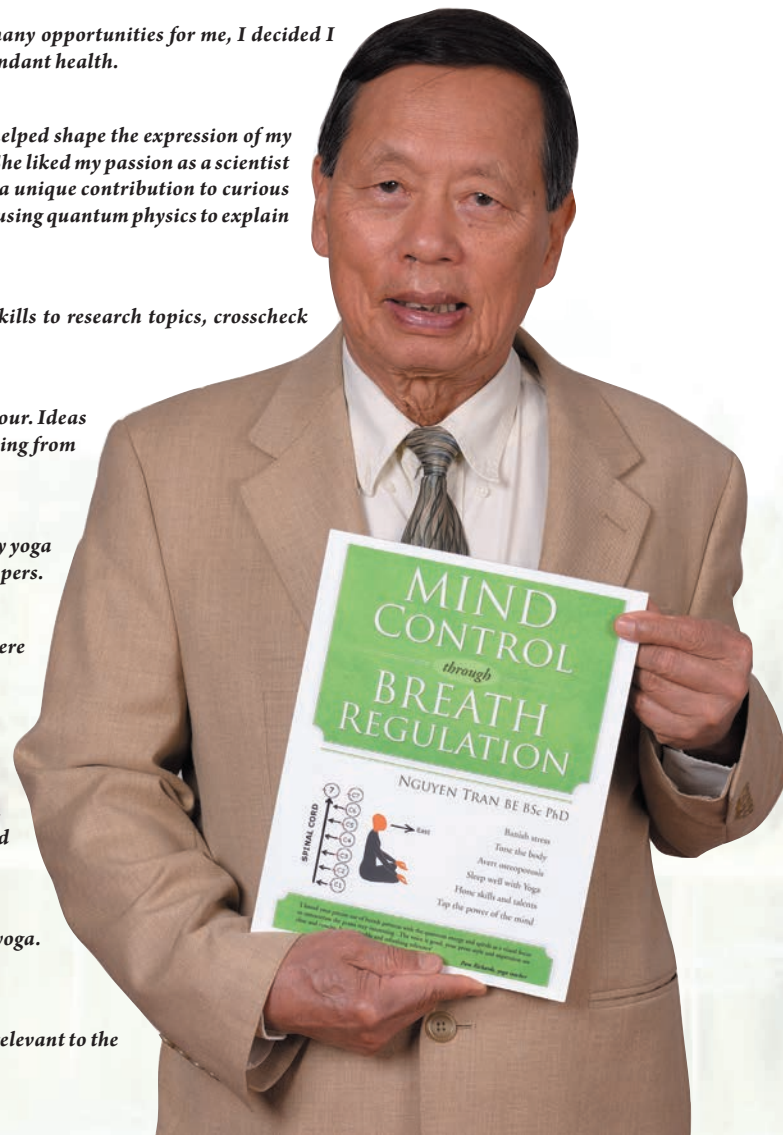
❖ What books and authors have most influenced your writing?

I read many yoga books from numerous authors and books that had information relevant to the book. The books and authors that have the most influences are listed below:

- 1) Theos Bernard wrote Hatha Yoga that impressed me the most. It cost me \$1:50 with a great talk from the bookseller, who was a yoga practitioner. Theos was an American Ph.D. student, who went to India to study Yoga for his Ph.D. thesis. He learned Yoga through a few Indian teachers. His report on doing Yoga and Smadhi is worth reading. His book is in a style that is factual and concise compared to most yoga books at the time. Sadly he was killed on his way to Lhasa to search more data on Yoga.
- 2) B.K.S. Iyengar wrote two valuable books: Light on Yoga and Light on Pranayama. These two books are considered as bibles of conventional Yoga and pranayama. They are, and I referred to them often when I wrote my book.
- 3) Suza Francina wrote The New Yoga for People over 50. A good book to read. She brought out a lot of famous yoga writers.
- 4) Rina Jacobowicz wrote The Yoga Mind: 52 Essential Principles of Yoga Philosophy to deepen your practice.
- 5) William Johnson wrote Silent Music The Science of Meditation. Useful information on science-based yoga meditation, including brain waves.
- 6) Ernest Wood wrote Yoga. It was the English interpretation of Yoga at the time, and it is still historically useful.
- 7) P. Yoganonda wrote the Autobiography of a Yogi, Self Realization fellowship. This book contains much interesting information.
- 8) R. Winston wrote Human Instinct. This book has information on brain functions, valuable for mind visualization during meditation.
- 9) John Medina wrote Brain rules 12 principles for surviving and thriving at work, home, and school. This book has information on the brain functions valuable for mind visualization during meditation.
- 10) Brand-Miller, K. Foster-Powell, and S. Calingiri wrote The New Glucose Revolution. This book has much information on diabetes and how to avoid it through the food one eats.

❖ What do you like to do when you are not writing?

I will meditate with an active mind, record ideas from meditation, and test the outcome. For instance, I want to test an affirmation of the mind, saying that my book will be a bestseller. I checked the effect of meditation on the glucose content and found that meditation did reduce the glucose in the body. I also check osteoporosis by having a bone test at the hospital. So meditation helps overcome diabetes and osteoporosis. It will likely help with many other things.



CHARLOTTE PHOENIX

OPENS UP



A

After 40 years in higher education as a college professor and then administrator, I retired and set out to write my first novel in 2009. It was inspired by family stories I heard from my great-grandmother, grandmother and mother who all lived in the same house that I called home until I was ten.

Fascinated by their poignant accounts of African American life in 19th Century Mississippi and early 20th Century Ohio and Michigan, I wanted to preserve and share their anecdotal tales of love and drama in a cohesive fictional narrative surrounding actual historical events. After five years of research, review, and revisions, I made the final edits to *Revelations*.

Family, friends, and readers (online and book club reviews) are very complimentary of what they describe as a “powerful, compelling family saga”. During my years in academia, I wrote many journal articles and prepared numerous researched documents and professional papers. I also co-authored a college planning guide. All of these were factual and educational. However, in writing *Revelations*, I was challenged to create an ideal mixture of historical fact and fiction to produce realistic stories that would entertain and educate readers at the same time.

I also wanted readers to connect with the main characters, to see them as believable and empathetic women tackling difficult situations in ways that are consistent with their values and emotions. Finding each woman’s own unique voice was the biggest challenge I faced in writing their journals.

While writing a particular journal, I literally sought to become one with the character. I stayed in character all day, communicating with my husband and others in her voice and with her viewpoints, even dreaming as her when I slept.

Spanning 150 years, *Revelations* from different generations. It begins Claudia who is shocked to learn have kept from each other can working to keep her family more family secrets she

Revelations readers join ancestors dating back to great-grandmother, and pass for white or Mississippi. Collectively, law Bea and granddaughter by Mary’s daughter/Claudia’s of America’s history and social relationships. Claudia’s final glimpse into the future.

Each woman’s story delivers a struggles, and triumphs she faces that occur outside the home. Shown through the lens of five African American women, the universal themes of their stories are relatable to women and men of different ages and ethnicities.

Book review: A wonderful, well-written book, it covers the lives of multiple generations of a single family. Phoenix seems to really know the art of well-timed revelation, waiting until just the exact moment to let something slip, giving a different angle, or totally blowing your mind.

— Sarah Carter

unfolds in five related life stories told by women and ends with contemporary New York journalist that 30-year-old secrets her mother and father potentially disrupt her “perfect” family. While intact, she is motivated to learn if there are should know.

Claudia in exploring the journals of her 1885 when Octoroon Juliette, her great-must decide whether to move North live out her days as a Black woman in her journal and those of her daughter-in-Mary, along with the oral history shared mother Sarah, offer a unique perspective evolution and their impact on families and journal entry is dated 2034 and gives a brief

dramatic punch as it presents the disappointments, related to love, marriage, family and circumstances

INSIDE THE WORLD OF

Alexandra Moss Zannis

(Swan Songs)

➤ **When did you first realize you wanted to be a writer?**

I wrote my first poem when I was in grade school, but my primary desire was to be a singer, which I accomplished. I began again to write poetry spasmodically later in life, but it wasn't until my husband's death that I became serious.

➤ **Where do you draw inspiration for your writing?**

In my computer room, I have a window that looks out over a pond and tree-lined meadows. That inspires my nature poems. As to love, I draw upon my past encounters; with politics, upon world events; and death, I am told I dwell too much on it - the morbid side of Scorpio.

➤ **Where can readers find out more about you and your books?**

I have a web site, alexandrasloom.com, which lists most of my background, some poetry, short stories, and pictures of my oil paintings.

➤ **What books or authors have most influenced your writing?**

Edna St. Vincent Millay, Dorothy Parker, and Sylvia Plath. Yes, mostly women.

➤ **What do you like to do when you are not writing?**

I love reading spy and murder mysteries.



BOOK REVIEW: The description of this book hooked me right off. I am a sucker for poems these days, and especially poetry that is not on my radar. When I got this book and started reading, I was strung out by the end of every page and head over heels in just a matter of chapters. This book shows that poetry can be an amazing outlet for feelings, observations, emotions and a lot more.

This amazing book by Alexandra Moss Zannis is rather a unique compilation of poems. The poems range from serious to silly, short to long, and grace all sorts of genres. I really enjoyed it. — Anonymous

GET ACQUAINTED WITH DAN E. BLACKSTONE

1. **WHEN DID YOU FIRST REALIZE YOU WANTED TO BE A WRITER?**

My grandchildren had an assignment at age 11 and asked what it was like when I was their age. I wrote a brief three-page essay on the conditions from about 9- plus to about 13-14. Then I expanded on that.

2. **HOW LONG DOES IT TAKE YOU TO WRITE A BOOK?**

The time element on writing a book varies from a few days to a few months.

3. **WHAT IS YOUR WORK SCHEDULE LIKE WHEN YOU'RE WRITING?**

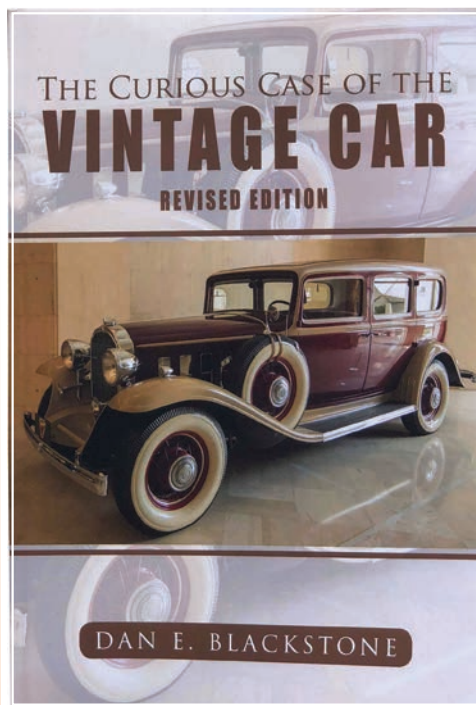
I carry a notebook. When I get the urge to type it up (if I can read my scribbling) I may go for five or more hours without interruption.

4. **WHAT WOULD YOU SAY IS YOUR INTERESTING WRITING QUIRK?**

Almost anything.

5. **WHERE DO YOU DRAW INSPIRATION FROM?**

People, their comments, actions, responses.. views of Nature...



6. **WHAT DOES YOUR FAMILY THINK OF YOUR WRITING?**

My family views vary... but appreciative.

7. **WHAT WAS ONE OF THE MOST SURPRISING THINGS YOU LEARNED IN CREATING YOUR BOOKS?**

How surprised people are or appear to be when they learn that I have published. Especially poetry...

8. **WHERE CAN READERS FIND OUT MORE ABOUT YOU AND YOUR BOOKS?**

I've re-published. I guess BOOKWHIP for revised editions.

9. **WHAT BOOKS OR AUTHORS HAVE MOST INFLUENCED YOUR OWN WRITING?**

Kipling, Longfellow, Channing, Schweitzer, and the list goes on.

10. **WHAT DO YOU LIKE TO DO WHEN YOU ARE NOT WRITING?**

Travel; Yard work, Various organizational meeting... In the past, EMT responder with Ambulance Corps.

The Brain Behind the Book “Failing Government Taketh Away”

Jerry Rhoads



you think and be a better person. My wife who edited all my books and then co-wrote the latest one never really got excited about my poetry until I converted the spoken ones (I say I was the first rapper) that she says came from my heart more than my head.

Readers can access my author website www.jerryrhoadsauthor.com, and www.lifestylesforaging.com. My favorite writers are Drucker, Chopra, King, Byrne, Orwell, Gibran, Nightingale, Ayn Rand. When I'm not writing, I am spending time with my wife of 60 years and keeping healthy by walking, talking holding hands, playing tennis, doing yoga, dancing slow and fast, working out in our basement gym, attending family functions and taking photos of family and friends.

Moreover, sleeping 8 hours and eating for pleasures, not deprivation. I retired at 75 and started a writing career with my wife. I will be 80 this year and my wife 79, and we expect to live happily forever after. How to Live Forever After which is the title of our new book is also being debuted at this American Book Expo.

His book “Failing Government Taketh Away” shares awareness of the demanding situations and a practical solution to the Government driven cost.

My first poem was written in the eighth grade, and many books followed for business and pleasure. The typical time frame to complete a book from start to finish is usually one year. I am now semi-retired so I have unlimited time to create new books.

To date, I have published 17 books and many business reports and articles. My five poetry booksû The Eighth, Ninth, Tenth,

Eleventh, Twelfth Wonders of the World (3,000 pages and 320,200 words were all spoken into a tape recorder over thirty years then typed by my secretary then converted by me to digital for publishing). I draw inspiration from seeing words or experiencing events, mainly from family and acquaintances.

I think they think I'm driven to write a bestseller. The most inspiring comments that I have received is that my writing makes



REVIEWED BY:

GRACE ADAMS/BLOGGER

I am reviewing this book, not because I recently read it, but because I speak favorably of the ideas it advocates. I can't say enough about how astounding I thought this book was and what it did for me and my knowledge of health care delivery and spending. I received a copy of this book for review and was pleasantly surprised to find that it was not at all what I had expected.

A CPA and a health care administrator, author Jerry L. Rhoads, make a fact-based case that government dominance in health care funding and spending will kill competition and enterprise. His book “Failing Government Taketh Away” shares awareness of the demanding situations and a practical solution to the Government driven cost. The author reckons we must get to the bottom these issues and that it must be solved instead of just problems debating between the red and blue parties. This book suggests a third-party opinion on how health care must become the responsibility of individuals for their own greater good. It also gives prominence to primary research and cautious readings of previously published studies and expounds the problems and proposes common sense solutions.

I learned so much from this book. This book was a life-changing experience for me. This book was a fantastic resource to not only correct common misconceptions about health care, but to provide the tools to anyone looking to better advocate, engage, or cope with these matters in question. I've still got more exploring and studying to do, but this was the perfect jumping off point into this journey. Rhoads's writing is straight to the point, appropriate, intelligent, and relevant - truly one of the best in this genre that should be read time and again. This book is one of those books that I am glad that I have. It's useful, and I think it fulfilled a need in my life that I've had a long time. I feel like having this book is part of being a responsible adult. I can't say enough about how incredible I thought this book was and what it did for me and my knowledge and was a revelation to these sensible citizens. I highly recommend it.

THE INSPIRING STORY OF LOURDES DUQUE BARON

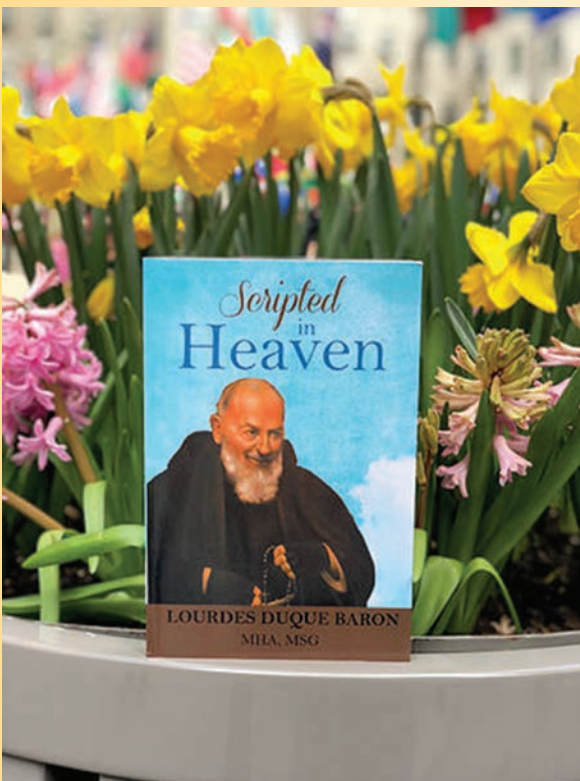
To date, I have 48 records.

*I started 2014- First Album Won Breakthrough Album
- LA Music Awards.*

“I can honestly say I’ve never read a book like this before. The feelings in it are as real as can be, and you are tortured right along with Baron and his family, and subsequently your curiosity is aroused and you are uplifted by the strange remainder of his journey. The spiritual pilgrimage they undergo is both miraculous and instructive. A truly unique read.”

“An interesting read, of a woman’s Journey and How she (The Author) rose from it all... Her devotion to Padre Pio is enigmatic.”

— Maria Urduja Osit-Li



“I’ve read other books about religion before but this book is out of the ordinary. For one thing, it is a true story about a doctor, narrated by his wife, and his spiritual, physical and metaphysical journey to healing as they seek the divine guidance of Padre Pio da Pietrelcina (the patron saint of healing) while hardships and set backs test him consistently and his family. As the story progress, it shows how their devotion flourished each and every day from the split second they found out that Robin has two lesions. Sadly, although thousands of people are diagnosed with cancer everyday, what’s peculiar about his case is that an older woman tells him that Padre Pio, a deceased priest, told her to pray for him about his wellness complicatio even before he knew about it. And this is where his path to spiritual awakening and religious journey come forth.”

— Anonymous

“Scripted in Heaven left me feeling inspired, and spiritually elevated and I highly recommend this book!”

- Abigail Van Nuys

“If you’re looking for a read that is reflective, honest and women empowering with lots of twists and turns, then this is a book you will certainly revel in.”

I can’t honestly tell you everything that I love about this book because there is just too much. I strongly suggest that every woman should get a copy of this and see for themselves. I cannot wait for Lourdes Duque Baron to write another story and take us again on a roller coaster ride of emotions that we all readers crave for.

- Amelia Miller





Scripted in Heaven follows the journey of Dr. Robinson V. Baron and his physical and metaphysical healing. As a stubborn surgeon, he ignores a cryptic warning from an old lady about a supposedly imminent complication with his health. The struggles that follow take him

to a journey of spiritual renewal, which leads him to rediscover his true faith and his true love. He seeks for the divine guidance of Padre Pio da Pietrelcina while trials and tribulations test him and his family. His devotion grew, even causing him to embark on a punishing pilgrimage to San Giovanni Rotondo in Italy, despite his fragile health. His mystical metamorphosis is a story of courage, sacrifice, and triumph. It inspires the reader to reflect on his own weaknesses and makes him long for purpose and Truth in this mortal life. "Who can assure us that we will be alive tomorrow? Let us listen to the voice of our conscience, to the voice of the royal prophet: 'I will not enter the gates of Heaven until all my spiritual children are inside!' Let us not put off for one moment to another what we should do, because the next moment is not yet ours!" Saint Pio da Pietrelcina Somewhere in the process of putting this book together, I had a self-realization: the lost soul that I desired to save belonged to me. And so, while I penned the simple truth of our great trials and tribulations, I found God speaking to me. I found myself in the middle of a transformation. It was March 16, 2011. I had just finished reading The 33 Doctors of the Church by the Capuchin author Fr. Christopher Rengers, O.F.M. Cap. It was an account of the lives of saints who shaped the hearts and minds of the Catholic Church. In my study, I had a new revelation

every time I came to a new page in the book, prompting me to develop this incessant need to turn to the next, to seek out the next revelation. I came to realize how little I knew of my faith and it became clear to me that I have not only been keeping Jesus at a distance, but that I have been offending my Lord for the past 64 years of my life. Lourdes Duque Baron, MHA, MSG, is a Catholic baby boomer and the wife of Dr. Robinson V. Baron. Upon embarking on this incredible journey, she has dedicated her life to spreading the message of Padre Pio. In late 2012, she will open a shrine of St. Pio da Pietrelcina in the convent of the Trinitarians of Mary on 3009 E. Cameron Avenue in West Covina, California.

Lourdes Duque Baron is a master of many trades. She is a vocalist, songwriter, author, wife, mother, mentor, native Filipina and longtime Californian, but above all else she is a performer. Baron is in pre-production on a feature film project called "Scripted In Heaven," an adaptation of her award winning book.

- IMDb Mini Biography By: S. Landon



ANSWERS TO QUESTIONS:

1) When did you first realize you wanted to be a writer?

Two years before I actually started writing my first book, Scripted in Heaven.

2) How long does it take you to write a book?

The first book took me 11 months.
My Second book took 9 months.
My book is over 420 pages with no pictures.

3) What is your work schedule like when you're writing?

I carve-up minimum of 4 hours per day. I like to write from 12 midnight to at least 4 am. I choose this time when the world is quiet and all I hear is my heartbeat.

4) What would you say is your interesting writing quirk?

- A) I sleep with a notebook and pen near me, ALWAYS. I write whatever I remember relevant to what I am writing about.
- b) All manuscript was handwritten, hired different people to type different chapters.

5) Where do you draw inspiration from?

For my first book, Scripted in Heaven "33 Doctors of the Church" when I realized I had been Offending my Lord for the past 64 years of my life!

Jeremiah 1:5 "Before I formed you in the womb I knew you, and before you were born I set you apart and appointed you a prophet to the nations."

6) What does your family think of your writing?

First, my children said I needed a different title!

7) Where can readers find out more about you and your books?

Google search Lourdes Duque Baron. Books available on Amazon, Barnes and Noble and Walmart.

8) What books or authors have most influenced your own writing?

- A) Emily Dickenson
- B) Ernest Hemingway

9) What do you like to do when you are not writing?

I go to Burbank recording studio and create music with:

- a) Gemini musiq- platinum record awardee with Justine Bieber 2018
- b) Saeed Renauld- grammy winner, 2017

SOURCES OF NETFLIX AND HOLLYWOOD STORIES

The global movie industry particularly Hollywood, has lately hit a resurgent wave. This is due to book writers who are the current saviors of the industry owing to their continued combination with movie production companies to adapt novels into a screenplay for Netflix, other streaming platforms and the industry at large. Lately, books have become the source materials for over 300+ movie and TV projects which have raked in billions in terms of revenue combined, without losing touch with the originality of the stories.

Book adaptations for screenplay are currently a fad, a practice that has grown popular more than ever. It is sufficient to say, Hollywood is now turning to the books for stories and if this isn't exciting news to just anyone, writers (both old and new), now have an incredible opportunity to reach a broad audience with their stories.

In a world that's clearly gone digital, with major entertainment premises based on movies, songs, and sports shows, most people are turning away from the books, leaving writers with many questions unanswered about the patronage for books. This has left quite a number of new writers on the scene discouraged as to what promises book patronage holds. At the initial stages of book adaptation for a screenplay, it was as if book writers were at the mercy of Hollywood however, the clear turn of the tables has once again placed book writers in a place of prestige and due importance. Although this may not matter to the end viewers, within the industry, it once again signifies the importance of storytelling and the role of writers and the books they write. Safe to say, Hollywood needs writers to thrive which is why more Writers need to buckle down and produce compelling stories.

Fiction and non-fiction books are the new sources for most blockbuster movies and this is the main reason:

The storytelling in books is always better than screen adaptations as most authors express their arts without restraint in books, unlike movie scripts. When these movies are then adapted into books, most locations are trimmed to save costs, some characters and their dialogue are shelved to save time, and sometimes the emotions are not clearly described and communicated as in the book. The biggest constraint here is the industry standard that movie producers are expected to maintain.

With the advent of impressive technology breaks, book adaptation into movies has significantly improved with huge successes recorded from J.K Rowling's Harry Potter series to El James' Fifty Shades of Grey, Lord of The Rings by Peter Jackson, John Green's Fault in our Stars, Suzanne Collins' Hunger Games and most notably George R.R Martin's Game of Thrones produced by HBO, and several other examples.

Books are interesting sources of stories for Netflix and Hollywood because a large chunk of the audience knows the story already and having a ready audience guarantees sales, patronage and fewer risks as the audience forms a pre-sold audience. It is equally difficult for movie producers to find original stories that are in-tune with popular and trending opinions except they look towards the books.

The synergy created between movie producers and book authors so far has birthed the successful transition of a huge number of novels to screenplays. Movies adapted from books allow a variety of stories grace the presence of our screens.

The runtime of movies was the main constraint for the adaptation of novels to movies but with the advent of TV series, storytellers and book Writers now have more opportunities to make their stories expansive and explosive.

Book adaptation for movies is an interesting way most authors grow the popularity of their stories. A screenplay adaptation of a book will ultimately lead to more interest in the book and more sales. Book writers are the current saviors of the movie industry and there is ample opportunity for new Writers on the scene, to have their books adapted for screenplay.



June Harris' New Book is Well-crafted and Powerful



When did you first realize you wanted to be a writer?

I've known I wanted to write since I was in college, where I won a couple of Awards for my writing, and where I worked on the school newspaper. I didn't get started until much later, however, because most of my writing was done in an academic setting and I didn't have much time to work on fiction.

BOOK REVIEW By Richard Theobald

"I liked this book a lot. I found the characters to be well developed, and I particularly liked the evolving relationship between Andie, Anne, and Maggie as they made their way through the wilderness in an attempt to locate the fort or get to Montana. Ms. Harris did a wonderful job of

Caleb Lawler returns to his Tennessee farm after the Civil War, and recognizes almost immediately that it's going to be difficult, if not impossible, to keep his family from starvation on what is left of the place. If he can sell the land, however, and take his family west along the Oregon Trail, he will have a good chance of making a better living. The older children, Andy, 14; Anne, 11; Maggie, 9; are enthusiastic about the notion of "westerling." Their mother, Theresa Lawler, was less certain about the trip, in part because there is also two-year-old, Jerusha to consider. Finally, though, Caleb convinces his wife of the wisdom of the trip, and the family gets underway. There are problems from the outset; the family is late getting started, the group with which they are traveling is problematic, and there are difficulties they hadn't considered. Almost everything that can go wrong, does. Still, no one could have predicted the calamity that befalls the group, leaving the four Lawler children stranded in the Wyoming wilderness, with very limited means of survival, and little hope of getting to the fort that offers their only refuge.

incorporating elements of suspense, action, despair, and redemption. Some may criticize that episode involving their life amongst the Indians as being unbelievable, but I would disagree. It came across to me as a completely realistic unfolding of emotions on the part of both the Indians and the children. Very Good Read!"

How long does it take you to write a book? That depends. I have a book on the computer that I've been working on—off. Moreover, on—for thirty years. However, *To Look for My Children* took less than a year. I'd estimate eight or nine months.

What is your work schedule like when you're writing? These days, I work mornings, and I'm burned out

by the early afternoon.

What would you say is your interesting writing quirk? I don't think I have any unusual quirks, but I can seldom be distracted when I'm involved in plotting.

Where do you draw inspiration? I draw the most inspiration from my family and my background.

What does your family think of your writing? I think they like my work, and they have always been complimentary about it.

What was one of the most surprising things you learned in creating your books? I've learned a great deal about history in researching my books.

Where can readers find out more about you and your books? I have information on Amazon.

What books or authors have most influenced your writing? I think writers of historical fiction have influenced me the most. I'm also an avid Steven King, fan.

What do you like to do when you are not writing? I do needlework—crochet, knitting, embroidery—a primary for my grandchildren. I also have five pets—cats and dogs—to care. I'm very interested in watching movies, Particularly old films. I also like watching films that have more than one version of the same story, because I want to compare productions.

When did you first realize you wanted to be a writer?

Engaging in writing has given Dr. Karia an avenue to continue to be a life-long learner. Through collaborative writing teams at the school board level Dr. Karia has published educational resources for teachers on current educational trends in Ontario schools.

Through her academic pursuits she continues to blend theory and practice and investigate Canada-wide innovative educational programs and inquiry-based learning models.

How long does it take you to write a book?

1-2 years

Where do you draw inspiration from?

My inspirations have come from my students and how shifts in pedagogy have made a big difference in learning and teaching approaches in the classroom.

What do you like to do when you are not writing?

I enjoy yoga, travel and time with my family.



Dr. Ella Karia is a Post-doctoral Fellow with Ontario Institute of Studies in Education (OISE) and a certified elementary school teacher with the Ontario College of Teachers. As a researcher and educator, she is actively involved in academic research projects at the University of Toronto in Canada and enjoys exploring pedagogy to engage students in her classroom.

Fostering CREATIVITY

THE FULL DAY KINDERGARTEN CLASSROOM IN ONTARIO: LEARNING THROUGH INQUIRY AND PLAY AND ITS IMPLICATIONS FOR CHILD DEVELOPMENT

Ella Karia, Ed.D.



INFECTIOUS POSITIVISM

BY DR. BARRETT HAYS



READING IN THE FURIOUS FAST LANE:

My latest books are a must read because of the

positivism that these books impart to the reader. It's an infectious positivism. The brain must be programmed for success, caring, kindness and a can-do attitude. These books are gentle

and easy to relax with. Imparting this

positivism and spreading this gospel of clean fun and optimism energizes me and hopefully the readers. I see myself as a bestselling author in three years with lots of television adaptations.

MESSAGE FROM THE AUTHOR:

To my fans, the best is yet to come...I began writing because I wanted to speak to misconceptions that abounded in the environment. I believe that people can do anything and the blocks that prevent us aren't real. I may write about anything, it's the moment that grabs me. One day I might be thinking about the sea and another moment I might dream of outer space with its infinite possibilities. I usually know the end of my books before I write and everything follows from there.

BOOKS ARE:

I measure a book by reality it can create. I measure books by the wealth of information it imparts to the reader. I measure books by the release of imaginations that become ignited and sense a better braver new world.

ABOUT THE AUTHOR:
I realized that I wanted to be a writer in high school. I draw inspiration from people overcoming dangerous, perplexing situations. I like to write with my dog, Abby sitting next to me.

It took about one to two months to finish my book.

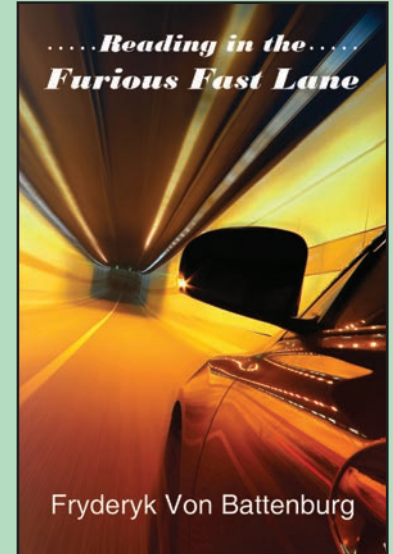
I am a physician, and this keeps me very busy all day, but each evening for one hour I will write. When I am not writing, I am reading or walking my dog, Abby.

My family doesn't know that much about my writing except my wife, who has written several unpublished books with me.

Amazon.com is a great place to find books and read about my books. I love Half Price books also.

I like Ernest Hemingway, James Baldwin, Harold Robbins, Daniel Silva, Frederick Forsyth, and Jack Higgins and Gustave Flaubert.

The books have lives of their own!



Dr. Alisa A. Devlin Bares All

FROM BOTH SIDES OF THE CHAIR ALISA A DEVLIN, MD

I am a virgin: Yup, a first-time non-fiction author. I realized the moment I began a journey to share life-changing moments of my life, and I was diving head first into a project that was in itself one of the most challenging tasks I had ever attempted in my life — creating a book which covers my most important life events? I could picture it. I believe it could exist. However, I won't live to see it. So like all the battles I fight. Everyday. In my head. I struggled to prove me wrong. Spending at least part of my day in a delusion allows me to entertain the thought I had what it took. No problem. I did not figure I New chapter after new chapter. Most of all, I did not think in both my excitement and a much higher amount of fear along the way. Also, so, a mere 25 years later, a book is born. Really? It has no boundaries for mental illness does not discriminate. Doesn't matter your sex, age, social class, nationality, religion, occupation...it is an equal opportunist in screwing up your mind, your thoughts, and your life. Let us mention why I did feel it was appropriate for me to pen this little tome. I remember the exact moment when my eyes looked around, and my mind thought, "oh my

God, Jesus am I where I think I am? This can't be happening. I've got to write this crap down. What am I doing here?" Moreover, a book idea was born. (Not too much info, as there is now "Spoiler Etiquette".) There is not one day in 25 years that I did not think of this book. I'm not sure what people think or believe about me. However, I do not lie. I can say I will be trying to give the reader a perspective, using my life as an example, of what it is like both to treat and suffer from a mental illness. This book is my life. This book has kept me alive. Why? Because the book evolved and changed as the field of psychiatry changed. Moreover, I am not sure if the field has undergone more changes in a shorter period than it has in recent decades. THE "HEART OF THE MATTER" to borrow a Joseph Conrad title. FIRST, to my knowledge, THIS WILL BE THE FIRST BOOK WRITTEN BY AN MD (medical doctor) WHO PRACTICED PSYCHIATRY TREATING MENTAL ILLNESS IN MY PATIENTS WHO WERE SUFFERING FROM THE VERY SAME MENTAL ILLNESS I SUFFERED FROM WHILE SITTING ACROSS FROM THEM AS A PATIENT. Moreover, I WILL

PROVE WHY IT MAY REMAIN NOT A POPULAR IDEA. Additionally, WHY THAT IS SO VERY WRONG. SO VERY TRAGIC. Finally, I will address suicide. It is a health crisis. The fact that now 22, prior 24, veterans commit suicide every single day is incomprehensible to me. It is so upsetting that it makes me feel like I am responsible, or that I could intervene, so why am I not? Moreover, what's appropriate for me to do? Makes me want to start speaking again. Moreover, the school shootings? Incomprehensible who will our leaders be in the decades to come when the majority walk around with PTSD. Many shootings across all ages include a murder-suicide scenario. Something must be done to reach those at risk...before hand. I will speak about it as a doc. I will open up about it as a patient. Do you want to read things that I would never have believed decades ago? THIS BOOK TOUCHES PATIENTS, DOCS, EVERY KIND OF NURSE, COUNSELOR, PARENT, FAMILIES, FRIENDS, TEACHERS, ETC...OH, AND THOSE IN DENIAL WHO PUT THIS BACK ON THE SHELF. GOD BLESS. DR. D.



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